



Volleyball Serving Underhand Rubric



This rubric will help to grade skill level of students in volleyball serving mechanics. To achieve a skill number, students must demonstrate all of the skills in that scoring level. Emphasis is on the process and mechanics of the sports skill and not the end product.

Skill Number	Mechanics and Cues of Skill
1	<p style="text-align: center;">Basic Skill Level</p> <ul style="list-style-type: none">• Student holds ball in non-serving hand• Before the student serves they throw the ball into the air• Student swings arms sideways or without full control• Student makes poor contact with the ball or misses the ball while serving
2	<p style="text-align: center;">Elementary Skill Level</p> <ul style="list-style-type: none">• Student holds ball in non-serving hand• Before the student serves they throw the ball into the air or drops the ball before contact• Student swings serving arm under control before making contact• Serve is inaccurate due to timing issues with throwing the ball into the air before the serve
3	<p style="text-align: center;">Intermediate Skill Level</p> <ul style="list-style-type: none">• Student holds ball in non-serving hand• Student holds ball in non-serving hand the whole time and does not throw the ball up or drop it• Student does not take a step before serving• Students makes good contact with the ball while serving• Student follows through with their serving hand inaccurately producing an inaccurate serve
4	<p style="text-align: center;">Advanced Skill Level</p> <ul style="list-style-type: none">• Student holds ball in non-serving hand• Student holds ball in non-serving hand the whole time and does not throw the ball up or drop it• Student takes a powerful step before serving• Students makes good contact with the ball while serving• Student has good follow through producing a straight serve over the net